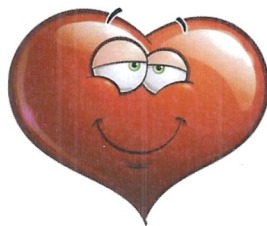


NOVEMBER ECHO 2024



November takes us back in time to remember the joys we once shared with those who are no longer with us today. Relish in these moments and treasure those who still surround you.

Giving back doesn't need to take a lot of time! You can make a difference in the lives of others under 30 minutes. Even if you just share a smile or friendly remark, it can have a big impact, so strive to find small ways to share some joy.



November

Happy Birthday



David Young

Nov 4th

Jean Hastings-Evans

Nov 19

Jean Willow

Nov 24





REMEMBERANCE DAY

HISTORY

WHO WAS

Lillian Freiman

Lillian Freiman (nee Bilsky) was a community activist organizer, civic leader and Zionist. Lillian was born June 6, 1885 in Mattawa, Ontario. Passed away November 2, 1940 in Montreal Quebec. Lillian Freiman used her high social status and wealth to help those less fortunate, both within and beyond the Jewish community. For her work assisting First World War soldiers and leading the Poppy Campaign, the Canadian Legion made her an honorary life member in 1933. Freiman was the first woman to receive this honor.

Juillian Freiman was the fifth of Moses and Pauline (nee Reich) Bilsky's 11 surviving children. The family settled in Ottawa. In the early 1890's Moses became a prominent member of the city's Jewish community. He provided support to new immigrants. The Bilsky home was open to all who needed help. This instilled social morals in Lillian that she carried for the rest of her life.

As a teenager, she joined the Ottawa Ladies' Hebrew Benevolent Society. She was also involved in the city's Children's Aid Society. Where she started working with troubled youths.

In 1903, when she was 18 she married Archibald J. Freiman. He was a Lithuanian born Jew who founded Freiman's, a successful department store in Canada's capital.

By the time the First World War broke out in 1914, Lillian Freiman had three young children. She nevertheless devoted herself to providing comforts to the soldiers at the front and those stationed in Ottawa. In 1915, she organized the Red Cross knitting and sewing club by installing 30 sewing machines in her own home. Jewish women gathered there weekly to make sheets of blanket and clothing to send overseas. This club formed the basis of what became, in 1918, the Disraeli Chapter of the Imperial Order Daughters of the Empire.

Freiman foresaw the difficulties that returning soldiers would face in their transition back to Canadian society. She helped form the Ottawa chapter (and later Dominion Command) of the Great War Veteran's Association of Canada. This organization later became the Canadian Legion and is now the Royal Canadian Legion. Freiman contributed space in her home and furnishings for the office that served as the local headquarters. She wrote the first letter of the organization at the desk she donated.



Remembrance Day

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

John McCrae



**TV SERVICES
IN THE DINING ROOM
11:00 A.M.**

Ode To November



The skies are grey, the rain beats down,

At a slow and steady pace,

So I imagine the hot summer sun,

Shinning down upon my face,

The seas may rage, giant waves

May race across the land.

But I just imagine digging my toes,

In to summer's golden sand.

I snooze away the long winter's night,

And then one morning to my delight,

November has covered my little world

With a blanket of snowy white.

Sometimes November can be a nasty

You might find it hard to get through its month

So just sit back and tell yourself

Come on now, just do it.

Respectfully Yours



Bette Weston

Nov was a long, long month.





REMEMBRANCE DAY

WORD SCRAMBLE



b e e r m r m e	
t r i p a o t	
a n i t r n y f	
e t e p c r s	
s o e s i l d r	
w s o f e r l	
g e o u a r c	
l y a d i h o	
s r i a e c i c f	
s v e r e i c	
e r m e c e y	
c n t o e p a h	
m a y r i l t i	
y p p p o	
t e v r a n e	
d l a e m	
i l e c s e n	



REMEMBRANCE DAY

WORD SCRAMBLE



b e e r m r m e	remember
t r l p a o t	patriot
a n i t r n y f	infantry
e t e p c r s	respect
s o e s i l d r	soldiers
w s o f e r l	flowers
g e o u a r c	courage
l y a d i h o	holiday
s r i a e c i c f	sacrifice
s v e r e i c	service
e r t m e c e y	cemetery
c n t o e p a h	cenotaph
m a y r i l t i	military
y p p p o	poppy
t e v r a n e	veteran
d l a e m	medal
i l e c s e n	silence