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| **What is a Dad?**  A dad is a person  Who is loving and kind,  And often knows  What you have in your mind.  He’s someone who listens,  Suggests, and defends  A dad can be one  Of your very best friends;  He’s proud of your triumphs,  But when things go wrong,  A dad can be patient,  And helpful and strong.  In all that you do,  A dad’s love plays a part  There’s always a place for him  Deep in your heart  And each year that passes,  You’re even more glad,  More grateful and proud  Just to call him your dad!  Thank you, Dad...  For listening and caring,  For giving and sharing,  But, especially, for just being you.  Author Unknown  ***HAPPY FATHERS DAY!*** | **What’s Happening this Month:**  June 1: *Happy Birthday Jim*  June 7: Brain Gym 11:00 am  June 15: Happy Fathers Day  Manly Muffins @ 11:00 am  June 18: Last day for Excercises w/Magi  June 19: Lawn Games & Lemonade 11 am  June 20: First Day of Summer  Summer Solstice  June 21: Bingo! 1:30 pm  June 28: Brain Gym 11:00 am  June 29: Wine with Dinner  Maxine and Her Creator  *“What lies behind us and what lies before us are tiny matters compared to what lies within us.”*  -Ralph Waldo Emerson |
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| **Fun Days in June**  1st: National Dare Day (I double dare all of you to dare someone else!)  4th: Hug Your Cat Day (Hug ‘em if you got ‘em, but don’t squeeze ‘em, they don’t like it)  6th: Drive-in Movie Day (Grab some popcorn! How do you make these speakers work??)  7th: National Bubbly Day (If it bubbles, you can soak in it or drink it. Ah, choices!)  8th: Upsy Daisy Day (Not to be confused with oopsy doopsy day)  10th: Be A Miracle In Someone's Life Day (We all need a miracle sometimes)  13th: Blame Someone Else Day (Oh fun! Go ahead, point your finger!)  14th: World Gin Day (Dirty martini? Shaken? Stirred? G&T? So many options)  18th: National Splurge Day (Feel free to eat it all, or buy that thing you want but really don’t need)  22nd: Stupid Guy Thing Day (This is a no questions asked day - hooray!!)  23rd: Let It Go Day (What, me worry?)  27th: International Rose' Day (The wine, folks, not the flower, toast the sun)  30th: National Outfit Of The Day, Day (Need an excuse to buy a new outfit? This is it!) | **Spring’s Last Full Moon**  June’s full Moon has traditionally been called the Strawberry Moon, and is the last full moon of spring, with summer officially beginning on June 20th. The origin of the name comes from Native American tribes to mark the ripening of “June-bearing” strawberries that are ready to be gathered.  As flowers bloom and early fruit ripens, June is a month of great abundance.  The Haida people call the June Moon Berries Ripen Moon and believe that the Moon is the protector and guardian of the earth, and that its spirit watches over us and can impact our moods. The Moon is a vital part of the natural world, influencing tides, seasons and animals. It is a guiding force when organizing activities on land and sea, such as harvesting and fishing. Over time, many cultures have used different names for the 12 full moons each year, and typically they are based on a common activity that takes place at the time of year. European names for June’s Moon are the Honey Moon and the Mead Moon. In ancient Rome, June was traditionally the month of marriage and is named after the goddess of marriage, Juno. Following a marriage comes the ‘honeymoon,’ which may be tied to this alternative Moon name. |
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| **TEACHERS RULES:**  **CIRCA 1915**  1/ You will not marry during the term of your contract  2/ You are not to keep company with men  3/ You must be home between the hours of 8 pm and 6 am unless attending a school function  4/ Your dresses must not be any shorter than 2 inches above the ankle  5/ You may not travel beyond the city limits unless you have the permission of the chairman of the (school) board  6/ You may not ride in a carriage or automobile with any man unless he is your father or brother  7/ You may not dress in bright colors  8/ You may not under any circumstances dye your hair  9/ You must wear at least two petticoats  10/ You may not loiter downtown in ice cream stores  *Hmm, I guess only women were allowed to be teachers. If any of these rules were applied today, we wouldn’t have many teachers, or many children for that matter!* | **May in the Rearview**  As is our tradition, we hosted Mother’s Day Tea on May 11th, and it was a lovely affair. 21 residents and 3 guests joined us on a beautiful, sunny afternoon, where we indulged in some sweet treats, and had the opportunity to use our charming collection of fine china tea cups and saucers. Congratulations to Fran, she won the bouquet of flowers, and to Joan, she won the giant chocolate egg and shared her bounty with everyone!  Our monthly bingo game was well attended, with 17 players and raised $44.00! Special thanks to Hilary for calling, and Clara for organizing this fun event. At our monthly coffee meeting the residents approved the purchase of new Bingo cards as the ones we have are of an unknown age and origin. Clara will faciltiate the purchase of the new cards.  17 residents and 2 guests attended our Victoria Day Lunch where all enjoyed chicken salad croissants, potato chips, and an ice cream sandwich. This event raised $47.05 for the residents fund!  A shout out to all the residents who donated money to the garden fund for the purchase of hanging baskets, flowers and plants. The residents fund had authorized the use of $400 for this and only ended up using $120.50 from the fund. Well done everyone! |
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**SUMMER SOLSTICE**

There are two solstices every year, one in June, and one in December, which result in a change in the length of day and night. The June solstice marks the longest day north of the equator and the shortest day to the south. On June 20th, at 7:41 pm, the Sun will be directly above the Tropic of Cancer in the Northern Hemisphere, which is the northernmost latitude it reaches during the year and marks the longest day for us. The effect of the solstice is greatest in locations that are farther away from the equator. In tropical areas, the longest day is a just a bit longer than twelve hours, and places within the Arctic Circle can experience Midnight Sun, when the sun does not set at night, or Polar Night, when the Sun does not rise at all. The naming of the solstice arose from observations of how the Sun’s path across the sky changed slightly from one day to the next, and the term is derived from the Latin words’ *sol* and *sistere:* meaning Sun and to stand still. Solstices and equinoxes are different. While the summer and winter solstices result in a change of the length of day and night, the equinoxes do not. As with the solstices, there are two equinoxes every year, one in March, known as the Spring equinox, and one in September, known as the Fall equinox. The word equinox reflects the astronomical event where day and night are approximately equal in length due to the sun’s position relative to the Earth’s equator. When we experience an equinox, the Earth’s axis is not tilted toward or away from the sun. The term ‘equinox’ also originates from Latin. It is a combination of the words *aequus,* meaning equal, and *nox,* meaning night. In ancient Egypt, the summer solstice marked the beginning of the New Year, as it coincided with the flooding of the Nile River. The Irish would cut hazel branches on the eve of the summer solstice as they believed this would assist them in searching for water, gold, and precious jewels.

Other European cultures would hold midsummer celebrations at the solstice. Built around 2500 BCE, it is believed that the stones at Stonehenge were positioned to symbolize the summer solstice sunrise and the winter solstice sunset, as a way for the primordial people to track the changing of the seasons and mark important events in their agricultural cycle. People continue to gather during the solstices at Stonehenge today. These modern-day celebrations include rituals, ceremonies, and music. It is a time to observe the connection between the Earth and the sun, and the changing of the seasons. *Did you know? Your noontime shadow will be the shortest of the year around the time of the summer solstice. Check it out!*