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| **CANADA’S STEVENSON PLACE** SHANGRI-LA | |
| JULY 2025 ISSUE 325  EDITOR: Terrina PAGE 1 | |
| **ELBOWS UP CANADA!**  Stick and ball games, this is how hockey was born. The first organized hockey game took place in Montreal in 1875.  ‘Mr. Hockey’, Gordie Howe, was born in a farmhouse in Floral, Sasketchewan on March 31, 1928. One of nine siblings, he began playing organized hockey at the age of eight, and made his NHL debut for the Detroit Red Wings in 1946. One of the greatest players of all time, he was unfailingly humble, generous, and gentlemanly off the ice. His father taught him to “never take any dirt from anybody” and when it came to game time, he was known for his toughness and keeping his ‘elbows up’ in the corners to ward off aggressive players on opposing teams.  As Canadians, our ‘elbows up’ attitude exemplifies our spirit of resilience, our willingness to stand up for what’s right, and our determination to face challenges head-on.  We are reminded of the battle between a bald eagle and a Canada goose in Burlington Bay, on March 5. The combat lasted twenty long minutes, and for those of us who witnessed it, we thought the goose was cooked. But our goose is Canadian, and symbolized the strength in all of us when it didn’t back down and put its *ELBOWS UP* and claimed victory. | **What’s Happening this Month:**  July 1: **Happy Birthday Canada!**  $6.00 pre-paid Lunch @ 11:30 am  July 8: Heavens Best Carpet Cleaning  Please sign up!  July 12: Brain Gym 11 am  July 17: Patio Social & Bocce Ball 11 am  July 19: Bingo! 1:30 pm  July 26: Brain Gym 11 am  July 27: *Happy Birthday Hilary*  *Happy Bithday Aline*  Wine with Dinner  July 30: *Happy Birthday Carmen*  NOTE: Residents coffee meetings will resume in the fall. Enjoy the summer!  Mark Carney vows to win Canada US trade ...  “The best Canadian products I have been able to find are Courage, Determination, Fortitude, Kindness, and Gratefulness. Hopefully, we can continue to export these products to the rest of the world.”  John Elliot  Proud Canadian |
| **CANADA’S STEVENSON PLACE**  **SHANGRI-LA** | |
| JULY 2025 PAGE 2 | |
| A Little Giggle  **The only cow in a small town in the USA stopped giving milk. The people did some research and found that they could buy a cow from BC, for about $1000, or one from Alberta for $800. Being poor, they bought the cow from Alberta. The cow was wonderful. It produced lots of milk all the time, and the people were amazed and very happy. They decided to acquire a bull to mate with the cow and produce more cows like it. Then they would never have to worry about the milk supply again. They bought a bull and put it in the pasture with their beloved cow. However, whenever the bull came close to the cow, she would move away. No matter what approach the bull tried, the cow would move away, and he could not succeed in his quest. The people were very upset and decided to ask the local rabbi, who was very wise, what to do. They told the rabbi what was happening. “Whenever the bull approaches our cow, she moves away. If he approaches her from the back, she moves forward. When he approaches from the front, she backs off. An approach from the side and she just walks away to the other side.” The rabbi thought about this for a minute and asked, “Did you buy this cow from Alberta?” The people were dumbfounded. They had never mentioned** **where they had gotten the cow. “You are truly wise, rabbi. How did you know we got the cow from Alberta?” The rabbi answered sadly, “My wife is from Alberta.”** | **OH CANADA**  The proclamation of the Canadian flag, signed by Queen Elizabeth II on January 28, 1965, officially designated the red and white maple leaf flag as the national flag of Canada. This act concluded a period of intense debate and deliberation about Canadian identity and symbolism, ultimately leading to the adoption of a uniquely Canadian emblem. The proclamation also set the stage for the flag's first official raising on Parliament Hill on February 15, 1965, a date now celebrated as National Flag of Canada Day.  **A Peek back at June**  We had new musicians come to play for us on June 11th, Tereza and Kayla, and they had your toes tapping, heads bobbing and even singing along with them as they twanged some country favourites!  Magi is off to Turkey for a much-anticipated vacation and will be back in August to resume chair exercises and tell us all about her grand adventure! Fran has offered to lead chair exercises and classes are Monday’s & Friday’s at 10 am.  June 15th, we celebrated Father’s Day with manly muffins prepared by Sue. Ten residents attended and enjoyed this fabulous treat. Lawn games and lemonade was great fun, with the ladies versus the men in the first rousing game of Bocce Ball of the summer. Ladies were winners 6 – 4!  Re-matches are upcoming! |
| CANADA’S STEVENSON PLACE **SHANGRI-LA** | |
| JULY 2025 PAGE 3 | |
| **Real Names of American Towns:**  *Big Bottom, Washington* (Kinda rude, right?)  *Dummer, New Hampshire* (If I lived here, I wouldn’t tell anyone)  *Slapneck, Michigan* (I don’t know, giant mosquitos??)  *Accident, Maryland* (They boast the largest population of lawyers per capita)  *Screamer, Alabama* (Can y’all say that again? I didn’t catch it!)  *Weiner, Arkansas* (Do you think they pronounce it Veener?)  *Butternuts, New York* (Hee hee!!)  *Hygiene, Colorado* (Perhaps this is the wild West? Baths 5 cents extra?)  *Burnt Store, Florida* (No one here can afford insurance)  *Buttzville, New Jersey* (This is just too easy!)  *Crooksville, Ohio* (The unofficial birthplace of Donald Trump, perhaps?)  *Ding Dong, Texas* (Shoot first, ask questions later)  *Experiment, Georgia* (Something went horribly wrong!)  *Tightwad, Missouri* (Everybody here claims to be broke and has cash stuffed under the mattress)  *Why, Arizona* (We are all asking this same question) | **Loyalty**  The presidents of the USA and Mexico and the Prime Minister of Canada got together and were debating on who has the most loyal citizens. The Canadian Prime minister says he has the most loyal citizens. He asks a random Canadian man to jump off the roof. He politely refuses. The Mexican president says she has the most loyal citizens. She tells a random Mexican man to jump off the roof. He doesn’t want to. The President of the USA says he has the most loyal citizens. He says to a random American man that he is forbidden to jump off the roof. The citizen gets angry and starts screaming at the president. "Who are you to tell me what I cannot do!! This is a free country!!” He then jumps off the roof.  Canada Funny Canadian Flag Digital Art ...  What’s the most unfair thing about American politics? They get fifty choices for Miss America, but only two for the president. (Ah, I’m sorry!) |
| **CANADA’S STEVENSON PLACE**  **SHANGRI-LA** | |
| JULY 2025 PAGE 4 | |
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The Stopwatch Gang

The Stopwatch Gang was a trio of Canadians who made a living robbing banks from 1974 – 1980, with a large percentage of their heists occurring in the United States. The gang was made up of Paddy Mitchell, Lionel Wright, and Stephen Reid. Paddy, of Irish descent and the son of working-class Catholic family, was born in a rough section of Ottawa’s Little Italy in 1942. A child delinquent, he was known as a bon-vivant, being always well-dressed, well-heeled, and soft spoken. He grew up to be the leader of the notorious gang and was known as the ‘brain’ of the operation. Stephen was born in Massey, Ontario, in 1950. His life of crime began at an early age, and by 16, he was jailed for petty crimes and drugs. Known as being very charismatic, he escaped from prison in 1973 while on a day pass from Kingston Penitentiary by climbing out a bathroom window after convincing his guard to stop for lunch. Lionel was born and raised in Ottawa. He was quiet and shy, an introverted student who lived with his mother. He was known as the ‘details guy’ and was very dependable and had an amazing memory. Combining their skills, the trio pulled off a daring gold heist in 1974 at the Ottawa airport. All three were caught and sent to prison when their accomplice, a guard inside the airport, gave them up in exchange for leniency. Lionel was the first to escape and fled to Florida in 1976. Paddy and Stephen followed suit in 1979, and the threesome began living as fugitives and resuscitated their lives of crime. They started to rob banks in Florida and California and were soon known for their habit of wearing full masks of deceased former presidents. To avoid getting caught again, they meticulously planned every heist, employing a stopwatch that Stephen wore around is neck, they were in and out in two minutes. Their precision, non-violent methods, politeness, and dapper attire set them apart. Their number one rule was that ‘nobody gets hurt’, and they often carried unloaded guns. Their audacious behaviour soon caught the attention of the F.B.I, and they were finally captured after pulling off their biggest, and last score, at a San Diego Bank of America branch on September 23, 1980, where they made off with $283,000 US dollars, which, at the time, was the largest bank robbery ever committed in California (over $1 million dollars today). On October 31, 1980, F.B.I. agents arrested Stephen Reid and Lionel Wright in Sedona, Arizona. Paddy Mitchell went on the lam and was arrested two years later. The moral of this story is:

Even Canadian criminals are recognized as being the politest people in the world.