# THE CAMELOT HERALD

Editor: Ryan Bayer

October 2025

## Dates to Remember

Oct 13: Thanksgiving

Oct 16: World Food Day

. Oct 31: Halloween

# Birthdays!!

. Oct 11: Shirley Canon

. Oct 19: Joan Hanneson



# **CamelotACTIVITIES**

- SUNDAY: Bingo at 1pm! Drop in for Bingo in the dining room; includes a special treat from our Chef.
- ♦ WEDNESDAY: 09:30 am— Chair Exercises in the lounge.

FRIDAY: 03:00 pm

— Trivia in the lounge.

SATURDAY: 09:30 am— Chair exercises in the lounge

03: 30 pm- **Happy Hour!** in the Lounge. Please bring your refreshments.

07:15 pm— Movie night in the lounge.

 Birthday Dinner on the last Sunday of each month to celebrate Residents who have had a birthday that month.

#### SERVICE REMINDERS

- Elevator maintenance : Every 2nd Thursday of the month.
- Fire Alarm: Pacific Coast Fire conducts the Fire alarm test on the last Thursday of every month.
- Garbage/ Recycling: Garbage is picked up every second Thursday. Please remember to segregate the garbage and place in them in their delegated bins. Do not put garbage or plastics into the CARDBOARD bin. PLEASE pass on the information to your Personal Care Aid Worker.

#### **MISCELLANEOUS**

- Please note, residents are requested to not use their scooters in the Main Floor, Elevators, and your suites. Request you to kindly park the scooter in the basement before proceeding to the main floor and your suites.
- Reminder! We are a "No Scent" building. For the comfort of residents and visitors who have allergies, please refrain from wearing strong perfumes and colognes.

#### FOOD SERVICE

- Extra Tray/ Guest in Dining Room: Please notify the office/ kitchen 48 hours in advance for an extra guest meal.
- Reminder! Please **do not** enter the kitchen. For your HEALTH and FOOD SAFETY the kitchen is restricted to staff only. This is to ensure the safety and cleanliness of the food preparation areas. If there are any meal cancellations, or changes to portion sizes, please notify the office so we can make the necessary adjustments.

#### **COFFEE MEETING**

◆ The next Coffee Meeting will be on October 15, 2025 at 10:15 am.

# What's Happening Around Town

- Oct 3-4: Victoria International Wine Festival, Time: 03:00 pm to 09:30 am, Location: Victoria Conference Centre, 720 Douglas Street, Victoria, BC.
- ◆ Oct 3– 4: Victoria Ballet presents "ALADDIN", Time: Oct 03– 07:30 pm, Oct 04– 02:00 pm, Location: Royal Theatre, 805 Broughton street, Victoria, BC. Ticket prices start from \$34.75.
- Oct 04: Lantern Festival, Time: 07:30 Pm, Location: Belmont Secondary School, 3041 Langford Lake road, Langford, BC.
- Oct 04: Oktoberfest at Oaklands, Time: 05:30 Pm, Location: Oaklands Community Centre, 2827 Belmont Ave, Victoria, BC.
- Oct 04: Gratitude at Langford Station, Time: 11:00 am, Location: The Langford Station, 720 Station Ave, Langford, BC.
- Oct 04: 10th Annual Victoria Tea Festival Revival, Time; 11:00 am to 05:00 pm, Location: Nootka Court,
   633 Courtney Road, Victoria, BC. Broughton Street, Victoria, BC.
- Oct 05: Victoria Symphony presents "Mozart & Brahms", Time: 02:30 pm, Location: Royal Theatre, 805 Broughton Street, Victoria. BC.
- ◆ Oct 09: Ocean Film Festival Canada 2025. Time: 07:30 pm, Location: Vic Theatre, 808 Douglas Street, Victoria, BC. Tickets start from \$29.36 and door open at 07:00 pm.
- Oct 10-12: The Royal Victoria Marathon, Time: 08:15 am Onwards, Location: The Oak Bay 5K and the Thrifty Foods Kids Run start and finish at Willows Beach Park in Oak Bay on Saturday, October 11, 2025. The Marathon, Half Marathon and 8K races start and finish downtown near the Legislative Buildings on Sunday, October 12, 2025.
- Oct 11: Apple Harvest Festival, Time: 10:00 am, Location: Ross Bay Villa, 1490 Fairfield Road, Victoria, BC.
- Oct 15-19: Victoria Festival of Authors, Time: 01:00 pm to 09:00 pm, Location: Various Locations, Check website for more info (https://victoriafestivalofauthors.ca/events/).
- :Oct 16: Roots and Renewal: Indigenous Narratives of Home and Identity. Time: 07:30 pm, Location: Langham Court Theatre, 805 Langham Court, Victoria, BC.
- October 17-19: The 39th Victoria Fall Hime Show, Time: 09:30– 05:30 pm, Location: Pearkes Rec Centre, 3100 Tillicum Road, Victoria, BC.



# CAMELOT CINEMAS

Oct 04: Identity Thief (2013) Comedy

Synopsis: Mild mannered businessman Sandy Patterson travels from Denver to Florida to confront the deceptively harmless looking woman who has been living it up after stealing Sandy's identity.

Cast: Jason Bateman, Melissa McCarthy, John Cho.

Director: Seth Gordon



Oct 11: Queen Bees (2021) Romantic Comedy

Synopsis: After reluctantly agreeing to move into a home for seniors, a woman encounters a clique of mean-spirited women and an amorous widower.

Cast: Ellen Burstyn, Jane Curtin, Loretta Devine.

Director: Michael Lembeck

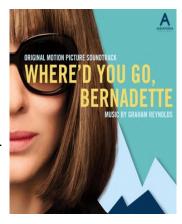


Oct 18: Where'd You Go, Bernadette? (2019) Comedy. Drama

Synopsis: A loving mom becomes compelled to reconnect with her creative passions after years of sacrificing herself for her family. Her leap of faith takes her on an epic adventure that jump-starts her life and leads to her triumphant rediscovery.

Cast: Cate Blanchette, Billy Crudup, Emma Nelson

Director: Richard Linklater



Oct 25: For the Love of Jessee (2020) Drama

Synopsis: Doctor Luke Matthew's world comes crashing down when he loses the love of his life and becomes a father in the same night. When he hires Sage as the new nanny, they both begin to realize that the best form of medicine is letting go.

Cast: Randy Wayne, Mandahla Rose, Adrienne Barbeau.

Director: David McAbee



#### Some days I miss driving.

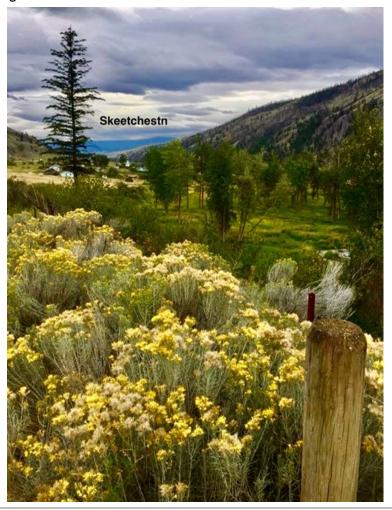
#### - Fliss Klassen

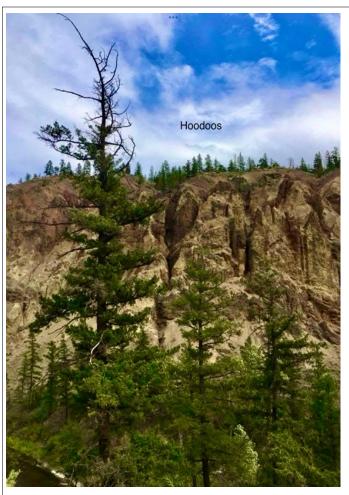
Dave and I had a lovely drive up the Deadman Creek Valley. We drove about 75 kilometres of pavement, gravel, and dirt on an ever-decreasing narrowing road with an amazing array of changing scenery. We left the vast rolling hills with sagebrush fanning up to the tree line of pine and fir covered mountains, past the pretty community of Skeetchestn, by hayfields of sweet-

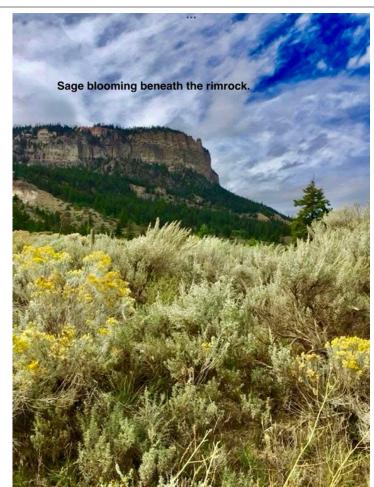


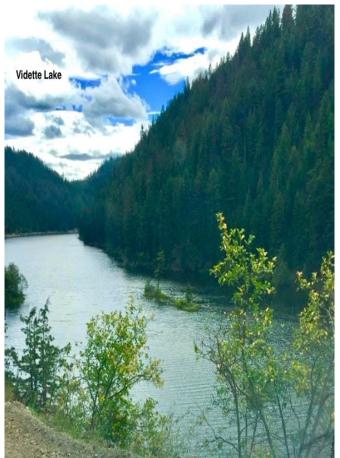
smelling alfalfa, corrals, cattle and ranches to the jagged cliffs and rim rocks. Then we wound upwards, past hoodoos, by old growth trees, and pristine lakes tucked at the bottom of mountain valleys before reaching Vidette Lake with its tiny island. We asked an old man by an isolated cabin where the road led, and he replied "everywhere!" We knew that there were mountain logging roads and trails to Bridge Lake but after the fellow gave us vague directions to "go up a hill, turn left after a while and go left again" I asked how far to a proper road..."10 miles or 40 miles?" He replied, "something like that!" When we were young, we would have kept going but decided these 2 elders should not be driving around alone in the bush and common sense prevailed. We turned around and retraced our way back through the beautiful valley to Highway 1. The leaves were beginning to turn colour at the higher elevations while sagebrush was blooming on the lower undulating hills which lead down to the sparkling water of Kamloops Lake. It had been a splendid drive!

Some days I miss driving.











### Point 00 Exeter Uplands Park Bay A 00 Uplands 00 Oak Bay @ @ 0 8 0 Oak Bay Ayo a Foul Bay Owician Constrain Kop Boou 0 Fairfield 9 9 Some 6 Marathon Course Map Downtown O For Pandora Victoria O Yates ø 8 Sunday October 12, 2025 ⊕ James C Bay for markings on this map are approximate Main Start: 8:15am Xact Nutrition Birth 8 •

# October '25

		41	111	18	<u>25</u>	
7	Saturday	Exercise 9:30 a.m	Exercise 9:30 a.m Shirley Cannon	Exercise 9:30 a.m	Exercise 9:30 a.m	
		ωl	10	17	Day	31
	Friday	Trivia 03:00 p.m	Trivia 03:00 p.m	Trivia 03:00 p.m	Trivia 03:00 p.m 03:04 p.m United Vlations	Trivia 03:00 p.m  HALL SWEEN
	Thursday	2	OI	16	23	30
	λ	H	∞1	15	22	<u>29</u>
	Wednesday	Exercise 9:30 a.m	Exercise 9:30 a.m	Exercise 9:30 a.m	Exercise 9:30 a.m	Exercise 9:30 a.m
	Tuesday		7	14	21	28
•	Monday		91	13  HAPPX THANKSGIVING	20	27
	Sunday		Teacher's Day	00 00 00 00 00	Joan Hanneson	PUMPKIN PUMPKIN