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## Wedgwood House Independent Retirement Living

# Mar 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> Chair Exercises 10:30am Movie 12:30	<b>2</b> Chair Exercises 10:30am	<b>3</b> Chair Zumba 10:30 am Bingo 1:00 pm Yahtzee 2:30 pm	<b>4</b> Ursula Card Making 1:00 pm Residents Choice Card Game 2:00 pm Qigong 3:15 pm	<b>5</b> Fall Protection 10:00 Zumba 10:30 Colour & Chat 1:00 pm Hearing Life 1:30 – 4:00	<b>6</b> Jam Factory 4:00 pm Residents Choice Card Game 2:00 pm	<b>7</b> Chair Zumba 10:30 am Love Duncan 1:30 pm	
<b>8</b> Chair Exercises 10:30am Hymn Sing 6:45 pm	<b>9</b> Chair Exercises 10:30am	<b>10</b> Chair Zumba 10:30 am Bingo 1:00 pm Skip-Bo 2:30 pm	<b>11</b> Chair Exercises 10:30am Craft Day with Dianne 1:00 pm	<b>12</b> Fall Protection 10:00 Zumba 10:30 5 Crowns 1:00 pm	<b>13</b> Residents Choice Card Game 2:00 pm Elvin 4:00 pm	<b>14</b> Chair Zumba 10:30am Crib 1:00 pm	
<b>15</b> Chair Exercises 10:30am Movie 12:30	<b>16</b> Chair Exercises 10:30am	<b>17</b> Harmonica Band 10:30 am 	<b>18</b> Ursula Card Making 1:00 pm Residents Choice Card Game 2:00 pm Qigong 3:15 pm	<b>19</b> Fall Protection 10:00 Zumba 10:30 Colour & Chat 1:00 pm	<b>20</b> Residents Choice Card Game 2:00 pm Carter Family 4:00 pm Pub Night	<b>21</b> Chair Zumba 10:30am Skip-Bo 1:00 pm	
<b>22</b> Chair Exercises 10:30am Hymn Sing 6:45 pm	<b>23</b> Chair Exercises 10:30am	<b>24</b> Chair Zumba 10:30 am Bingo 1:00 pm WII Bowling 2:30pm	<b>25</b> Resedents Meeting 10:30 Residents Choice Card Game 2:00 pm	<b>26</b> Fall Protection 10:00 Zumba 10:30 Skip-Bo 1:00 pm	<b>27</b> Chair Exercises 10:30am Residents Choice Card Game 2:00 pm	<b>28</b> Chair Zumba 10:30 am 5 Crowns 1:00 pm	
<b>29</b> Chair Exercises 10:30am Movie 12:30	<b>30</b> Chair Exercises 10:30am	<b>31</b> Chair Zumba 10:30 am Bingo 1:00 pm Crib 2:30 pm		 <b>Happy Birthday</b> Doris Foster Mar 9 <sup>th</sup> Audrey Pirie 12 <sup>th</sup> Myrtle Craig Mar 10 <sup>th</sup> Jean Bell Mar 18 <sup>th</sup>			