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Wedgwood House Independent Retirement Living

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthday Wishes Betty Weston July 11			1 Happy Canada Day 	2 Zumba Cancelled Color & Chat 1:00 pm	3 Walk and Talk 12:30 – 2:00 pm	4 Chair Exercises 10:30 am
5 Chair Exercises 10:30 Hymn Sing 6:45 pm	6 Chair Exercises 10:30 Skip Bo 1:00pm	7 Chair Zumba 10:30 Bingo 1:00 pm	8 Cards with Ursula 1:00	9 Fall Protection 10:00 Zumba 10:30 Color & Chat 1:00 pm	10 Walk and Talk 12:30 – 2:00 pm	11 Garden Party With Jam Factory 1:00 pm
12 Chair Exercises 10:30 Movie 12:30 pm	13 Chair Exercises 10:30 Skip Bo 1:00pm	14 Chair Zumba 10:30 Bingo 1:00 pm	15 Craft with Dianne 1:00 pm	16 Fall Protection 10:00 Zumba 10:30 Color & Chat 1:00 pm	17 Carter Family 4:00 pm Pub Night Walk and Talk 12:30 – 2:00 pm	18 Chair Exercises 10:30 am
19 Chair Exercises 10:30 Hymn Sing 6:45 pm	20 Chair Exercises 10:30 Skip Bo 1:00pm	21 Chair Zumba 10:30 Bingo 1:00 pm	22 Cards with Ursula 1:00	23 Fall Protection 10:00 Zumba 10:30 Color & Chat 1:00 pm	24 Brian & Cate 4:00 pm Walk & Talk 12:30 – 2:00 pm	25 Chair Exercises 10:30 am
26 Chair Exercises 10:30 Movie 12:30 pm	27 Chair Exercises 10:30 Skip Bo 1:00pm	28 Chair Zumba 10:30 Bingo 1:00 pm	29 Residents Meeting 10:30 am	30 Fall Protection 10:00 Zumba 10:30 Color & Chat 1:00 pm	31 Walk and Talk 12:30 – 2:00 pm	