

Wedgwood House

MONTHLY NEWSLETTER



Happy BC Day Wedgwood Residents



"B.C. Day is a time to celebrate all of the things that are most important in our lives - the friends, families and neighbors who mean so much to us, the many blessings and privileges that we enjoy and the very special nature of this place that we call home. It is also a time to consider how we can continue to strengthen the future for our children and our communities.

"As British Columbians, we are fortunate to enjoy multiculturalism, which enriches us all. People from across the world have immigrated to B.C. and along with our First Nations, have worked hard to build a strong and vibrant province in an embrace of cross-cultural acceptance. This has made B.C. a shining beacon throughout the world, and it reflects who we are as a province.

"In 1858 Queen Victoria named a rough and lonely outpost of her empire 'British Columbia'. Today we reflect on those humble beginnings and the impressive record of achievement that created the province we know today.

"Ours is a province of promise and opportunity where we live together in mutual respect and inclusiveness. We enjoy peace, security and freedom, and a healthy environment of unparalleled natural beauty. None of these things can be taken for granted. They are privileges that we must protect and celebrate.

BEAT THE HEAT

DRESS LIGHT

Wear loose-fitting clothing



STAY COOL

Stay somewhere with air-conditioning



LEARN

Stay informed and learn how to prevent, recognize and treat heat-related illnesses



EAT LIGHT

Avoid hot foods and heavy meals

STAY SAFE

Never leave infants, pets or children in parked cars



USE SUNSCREEN

Use sunscreen with SPF 15+ when going outside



STAY HYDRATED

Stay hydrated but avoid alcohol and liquids with large amounts of sugar



COOL DOWN

Take a cool shower or bath



WEDGWOOD HOUSE

Highlights from Last Month

Farewell & Good Luck

In June we said Goodbye to 2 of our Residents who have moved onto more care. David Young will be remembered for his love of dancing on Pub & Appy Nights. Sue Parmenter loved her tea times and socializing with other residents. We all at Wedgwood wish both of you the very best.

Welcome to Wedgwood

We'd like to send a big Welcome out to our new residents Robert & Karolyn Sherman.

Garden Party

Thank you Wedgwood Residents for such a great turnout on July 11th. Best Hotdogs and Hamburgers we've ever had followed by strawberry shortcake.

Jam Factory kept everyone's toes tapping as usual. Big thanks to Steve (Dianne's hubby) Barb our (Night Responder) and Tawni our (Day Shift). I truly appreciated all the help you gave.

Dianne



Special Events This Month

Tailgate Party

Time to get those toe tapping shoes on folks. Wedgwood House & Sherwood House will be doing another Tailgate party together in the Wedgwood Parking lot. Come do a little dancing and make yourself an ice-cream sundae on us.

Thursday Aug 27th at 1:00 pm

Music by the Jam Factory

We'll be having a hotdog lunch for Wedgwood residents at 12:00 pm before the party.

Musical Entertainment

Sunday Aug 9th Hymn Sing at 6:45 pm

Friday Aug 21st Andy at 4:00 pm (Appy Night)

Sunday 23rd Hymn Sing at 6:45 pm

Card Making

Ursula will be here making beautiful cards

Wednesday Aug 5th & Wednesday Aug 19th 1:00 pm

Get Crafty With Dianne & Tawni

Friday Aug 28th at 1:00 pm

Chair Exercises & Chair Zumba

Weekly ~ Monday, Tuesday, Friday, Saturday & Sunday

Thursday's ~ Fall Protection 10:00 am & Zumba 10:30 am

5 Crowns

Every Saturday at 1:00 pm we have a group of residents that play 5 crowns. Please feel free to come join in "lessons are free" The more the merrier.



Our Residents
Do not live in our workplace.
We work in their Home.



Wedgwood
Management & Staff

*One of the most beautiful
things we can do is to to
help one another.
Kindness doesn't cost a thing.*



Birthday's In August

Shirley Watson Aug 1st

Jane Rosenberg Aug 11th

Clara Morlang Aug 14th

Albert den Otter Aug 22

Garth Foster Aug 17th

Len Smith Aug 24th

Ian DeVerteuil Aug 28th

