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Wedgwood House Independent Retirement Living

Sept 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chair Zumba 10:30 Bingo 1:00	2 Cards with Ursula 1:00	3 Fall Protection 10:00 Zumba 10:30	4 Chair Exercises Jeopardy 1:00 pm	5 Chair Exercises 10:30 am 5 Crowns 1:00 pm
6 Hymn Sing 6:45 pm Chair Exercises 10:30 am	7 	8 Chair Zumba 10:30am Bingo 1:00 pm	9 Getting To Know You 1:00 pm	10 Fall Protection 10:00 Zumba 10:30	11 Brian & Cate 4:00 pm Chair Exercises 10:30 am	12 Chair Exercises 10:30 am 5 Crowns 1:00 pm
13 Movie Chair Exercises 10:30 am	14 Brain Games & Exercises With Ardelle 10:00am	15 Chair Zumba 10:30am Bingo 1:00 pm	16 Hearing Life 1:30 – 4:30 pm 	17 Fall Protection 10:00 Zumba 10:30 am	18 Chair Exercises Terry Fox Lunch Boxes 12:00 pm	19 Chair Exercises 10:30 am 5 Crowns 1:00 pm
20 Hymn Sing 6:45 pm Chair Exercises 10:30 am	21 Brain Games & Exercises With Ardelle 10:00am	22 Chair Zumba 10:30 Bingo 1:00	23 Crafts with Dianne 1:00 pm	24 Fall Protection 10:00 Zumba 10:30 am	25 Carter Family 4:00 pm Chair Exercises 10:30 am	26 Chair Exercises 10:30 am 5 Crowns 1:00 pm
27 Movie Chair Exercises 10:30 am	28 Brain Games & Exercises With Ardelle 10:00am	29 Chair Zumba 10:30 Bingo 1:00	30 Residents Meeting 10:30 am	 The Aster Flower of the month Meaning: Wisdom, faith, and deep love.		