

Wedgwood House

MONTHLY NEWSLETTER



Happy Thanksgiving Wedgwood Residents



As the story goes, in 1578, English explorer Martin Frobisher and his crew gave thanks and communion was observed, either on land at Frobisher Bay,

in present day Nunavut, or onboard a ship anchored there. The explorers dined on salt beef, biscuits, and mushy peas and gave thanks through Communion for their safe arrival in then Newfoundland. This is now accepted as the first “Canadian” Thanksgiving, forty-three years before the first “American” Thanksgiving.

Forty-eight years later on November 14, 1606, inhabitants of New France under Samuel de Champlain held huge feasts of thanksgiving between local Mi’kmaq and the French. Though not known at the time by the settlers, cranberries, rich in vitamin

C, are credited with helping avoid scurvy. The neighboring Mi'kmaq likely introduced the French to cranberries, or as they called them, *petites pommes rouges* (little red apples).

Champlain's feasts were more than an annual affair. To prevent the scurvy epidemic that had decimated the settlement at Île Sainte-Croix in past winters, the *Ordre de Bon Temps* (Order of Good Cheer) was founded, offering festive meals every few weeks. Medical treatises recommended better nutrition (more food) and entertainment to combat scurvy.

However, despite this history of uniquely Canadian thanksgivings, our modern concepts of Thanksgiving were influenced by our American neighbors. Foods that are associated with a "traditional" Thanksgiving, such as North American turkey, squash, and pumpkin, were introduced to Nova Scotian's in the 1750s. After the American War of Independence, the arrival of the United Empire Loyalists ensured the continuation of spreading this "traditional" fare to other parts of the country.

Today Canadian Thanksgiving is held on the second Monday of October every year, or at least it has been since Canadian Parliament declared it so on January 31, 1957. Before this, Thanksgiving in Canada had been held sporadically, often coinciding with other major events and anniversaries.

In 1879, Thanksgiving was officially declared a national holiday to be held on November 6th.

Highlights from Last Month

Farewell

In Sept we said goodbye to Ken Thom. We offer heartfelt condolences to his Family & Friends. A true gentleman he was and always had time to lend an ear for a fellow resident. You shall be missed Ken.

Welcome to Wedgwood

We'd like to send a big Welcome out to our newest residents Terry & Renee June & Dave Collett.

Terry Fox Fundraiser

Thank you to everyone who purchased a lunch box or donated. This year we raised \$530.00. Big Thank You to Marjorie Gummesen (resident) for the lovely Squares & Cookies and Ashley Lowery (Executive Housekeeper) for the canned Salmon.

Truth & Reconciliation Day

We honored this day by decorating our elevator wall with orange T-shirts for everyone coming and going this week to view.



Special Events This Month

Oktoberfest will be celebrated on Oct 16th with music by Brian & Cate followed by a lovely meal cooked by Chef Cathy.



Musical Entertainment

Sunday Hymn Sing Oct 4th at 6:45 pm **cancelled**

Please keep in mind we can access Hymn Sing on You Tube if you are still interested in attending.

Friday Oct 9th Jam Factory at 3:00 pm

Friday Oct 16th Brian & Cate at 4:00 pm

Sunday Hymn Sing Oct 25th at 6:45 pm

Card Making

Ursula will be here making beautiful cards

Wednesday Oct 14th 1:00 pm

Wednesday Oct 28th 1:00 pm

Chair Exercises & Chair Zumba

Mondays ~ Brain Games & Exercises with Ardelle

Weekly ~ Tuesday, Friday, Saturday & Sunday

Thursday's ~ Fall Protection 10:00 am & Zumba 10:30 am

Thanksgiving

Thanksgiving Dinner will be on Monday Oct 12th

Halloween Party & Appy Night

It's that time again Wedgwood Residents where things get spooky and folks dress as they want. What do you get with Music, Appy's and some Crazy Costumes "One Heck Of A Party". 1st 2nd & 3rd place prizes for best costumes.



Skip Bo

Every Thursday at 1:00 pm we have a group of residents that play Skip Bo. Please feel free to come join in “lessons are free” The more the merrier.



5 Crowns

Every Saturday at 1:00 pm we have a group of residents that play 5 crowns. Please feel free to come join in “lessons are free” The more the merrier.



Our Residents
Do not live in our workplace.
We work in their Home.



Wedgwood
Management & Staff



Birthday's In October

Alice Pearson Oct 3rd

Bertha Smith Oct 11th



