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Wedgwood House Independent Retirement Living October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Fall Protection 10:00 Zumba 10:30 Skip Bo 1:00 pm	2 Chair Exercises 10:30 am	3 Chair Exercises 10:30 am 5 Crowns 1:00 pm
4 Chair Exercises 10:30 Hymn Sing 6:45 pm	5 Brain Games & Exercises With Ardelle 10:00am	6 Chair Zumba 10:30 Bingo 1:00 pm	7 Crib 1:00 pm	8 Fall Protection 10:00 Zumba 10:30 Skip Bo 1:00 pm	9 Jam Factory 3:00 - 4:00 pm Chair Exercises 10:30 am	10 Chair Exercises 10:30 am 5 Crowns 1:00 pm
11 Chair Exercises 10:30 Movie 12:30 pm	12  HAPPY Thanksgiving	13 Chair Zumba 10:30 Bingo 1:00 pm	14 Cards with Ursula 1:00	15 Fall Protection 10:00 Zumba 10:30 Skip Bo 1:00 pm	16 Brian & Cate 4:00 pm Oktoberfest	17 Chair Exercises 10:30 am 5 Crowns 1:00 pm
18 Chair Exercises 10:30 Hymn Sing 6:45 pm	19 Brain Games & Exercises With Ardelle 10:00am	20 Chair Zumba 10:30 Bingo 1:00 pm	21 Wii Bowling 1:00 pm	22 Fall Protection 10:00 Zumba 10:30 Skip Bo 1:00 pm	23 Chair Exercises 10:30 am Jeopardy 1:00 pm	24 Chair Exercises 10:30 am 5 Crowns 1:00 pm
25 Chair Exercises 10:30 Movie 12:30 pm	26 Brain Games & Exercises With Ardelle 10:00am	27 Chair Zumba 10:30 Bingo 1:00 pm	28 Residents Meeting 10:30 am Cards with Ursula 1:00	29 Fall Protection 10:00 Zumba 10:30 Skip Bo 1:00 pm	30 Halloween Party Appy Night 4:00 pm	31 Boo 